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23rd June 2023

Dear Parent/Carer,

Nowadays there is a vast amount of, sometimes confusing, information about relationships and sex on the internet, on TV, in magazines, etc. which young people may have access to, and this can sometimes make an already confusing time seem even more complicated. Therefore, as part of the school's Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and puberty.

The purpose of Relationship and Sex Education (RSE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of being a parent and being in relationships.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already discussing at home.

The key aims of RSE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and within relationships.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

We are using a scheme of work for RSE which is called Christopher Winter (<https://cwpresources.co.uk>). All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

Head Teacher: Ken Johnson
Deputy Head: Leona Baffour

The Year 6 programme will cover:

- 1 Talking about puberty
- 2 Male and female changes
- 3 Puberty and hygiene
- 4 Love, relationships and communicating within relationships
- 5 Menstruation
- 6 Conception and pregnancy

You are welcome to contact your child's class teacher to discuss the programme or to view any of the teaching materials used.

In line with government policy, parents can only withdraw their children from the part of sex education that deals with intercourse. Should you be considering withdrawing your child from this part, we would welcome the opportunity to discuss this important decision with you in order that it can be made in full knowledge of what the children will be missing and so that we can share the resources with you so that you can teach it yourself to your child.

If you wish to withdraw your child from the sections of the curriculum dealing with sexual intercourse, please write to the Head Teacher before 30th June.

Yours sincerely,

Year 6 Team