



# DEPTFORD PARK PRIMARY SCHOOL NEWSLETTER

Friday 17th March 2023

The children have been really hard at work this week undertaking their termly assessments. We hope you found the recent parents' evening useful in understanding your child's progress and what they need to work on to secure further improvements. Thank you for your support on our recent World Book Day; the children looked fantastic and the book sale was well received, so is something we certainly will wish to continue. Have a restful and enjoyable weekend.

Many around the world celebrated International Women's Day on the 8th of March. With Mothers' Day also approaching lets take a moment to reflect on all the wonderful women in our lives and all those that have inspire us!



AMAZE BOUTHERSCHE

To all our families who celebrate:  
We hope you recently enjoyed your HOLI celebration!



## Additional Bank Holiday

Due to the Coronation of King Charles the school will be closed on:

**Monday 8th May 2023**

## Secondary Transfer.

You should by now have received your offer for your child's secondary school in September.

We know that this can be a stressful time for families especially if your child did not get offered one of their main choices. If you have any questions or concerns please contact the school office and we will help you to resolve them.

Please remember to accept any offers that have been made by the deadline stated.

## Mindfulness and cognitive control

The capacity to stay in the driver's seat is what scientists call **cognitive control** and the skill of paying attention to the right thing at the right time is critical.

Cognitive control is the ability to keep your focus on one thing and ignore distractions. It is also called **learning readiness** and **impulse control**.

We can strengthen the brain circuitry typically associated with cognitive control through practice. Every time you bring your attention to the point of your focus, every time you notice your mind has wandered, like you do during a Mindfulness practice, you strengthen those neural networks.



## Attendance

We will continue to monitor attendance very carefully and remind you that holidays **should not** be taken during term time.

**The best attendance so far this term are:**

**1st ~ Garnet 2nd ~ Purple 3rd ~ Quartz**

**100%**

## SAFEGUARDING REMINDERS

Please remember that mobile phones are **NOT** to be used on the school premises including the school playground.

Thank you



Please remember that dogs are not permitted on the school premises including the school playground, even if they are being carried



## Term Dates



**Friday 31st March ~ Last day of Spring Term**

**Monday 3rd April ~ Friday 14th April ~ Half Term**

**Monday 17th April ~ Inset Day**

**Tuesday 18th April ~ Children return to school**

**Friday 26th May ~ Last day prior to the Half Term Holiday**

**Monday 1st & Monday 8th May—Bank Holiday—School Closed**

**Monday 29th May ~ Friday 2nd June ~ Half Term Holiday**

**Monday 5th June ~ Children return to school**



A copy of this newsletter can also be downloaded from the school website:  
[www.deptfordpark.lewisham.sch.uk](http://www.deptfordpark.lewisham.sch.uk)

Also follow us on  
[twitter@deptfordpark](https://twitter.com/deptfordpark)



# WE ARE PLEASED TO ANNOUNCE WE ARE YOUR NEW CATERING COMPANY

We will be starting after the Easter Holidays on Tuesday 18th April

## OUR COMPANY ETHOS

At Nourish we are passionate about providing nutritional food that our pupils love.

### FRESH FOOD

Fresh food is the  
heart of Nourish

### FRESH IDEAS

Lateral thinking  
creating an impact

### FRESH APPROACH

Operators at  
every level

Our menus are attractive, informative, nutritionally analysed and updated twice a year. We work closely with our schools and hold tasting sessions where the pupils sample a range of dishes and feedback their comments to us.

We work with school councils, attending meetings and acting on the children's comments and requests.

## NOURISH FAMILY TREE

Nourish is unique in that our owner directors all work in the business. We are a family that all work together building lasting relationships and understanding our schools' needs.

We look forward to meeting your children at lunchtime.

## MEET MR NOURISH

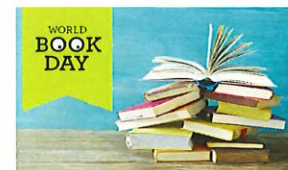
Mr Nourish is our company mascot. He has been a big hit with the pupils, guiding them through menus and writing his own seasonal newsletter advising them of upcoming events, specials days and seasonal foods. Mr Nourish has also visited many of our schools meeting the pupils during lunch and assemblies.



# World Book Day



The children and staff enjoyed a fun filled day, it was wonderful to see so many fantastic costumes. We also decorated doors as book covers! Well done everyone- fantastic job!





## Shooting Stars Group



The Shooting Stars have been hard at work again with their pancake making...

What wonderful listening, turn taking as well as pancake flipping skills they demonstrated. What fun it was too!

## International Language Day

We are so proud of our rich multicultural school community!

This year we will be celebrating **International Language Day** on **TUESDAY 28<sup>th</sup> MARCH 2023**.

The children are encouraged to wear their national costume or the colours of their country's flag. Thanks to you, last year's event was a fantastic success, with the children expressing not only excitement but also how proud they felt to be able to share their home language and aspects of their culture with their teachers and friends.

Do you have a special recipe you could share for our DPPS International Cookbook?  
Any cultural photos from your home country that we could use for a display in school?

Please email [info@deptfordpark.lewisham.sch.uk](mailto:info@deptfordpark.lewisham.sch.uk) OR drop any contributions to the school office in an envelope marked International Day. Please state what country your recipe or photo is from.

Thank you all in advance for your support in making International Day even more successful this year.



## Community Events

### The DEPTFORD LITERATURE FESTIVAL Saturday 18th March 2023

As part of Deptford Literature Festival 2023 on Saturday 18 March, there will be a special day of writing, reading and drawing activities taking place for children and families – all free to attend, with booking in advance required.

Most of the families events will take place in the children's library at Deptford Lounge. Round Table Books will be selling books by children and YA authors featured at the Festival and more in Deptford Lounge Library throughout the day.

All Children's and Family events are BSL interpreted. Free healthy snacks will be available for children taking part in the workshops. All family events require a parent, carer or guardian to stay with the children at all times, except Milk Honey Bees.

The events feature an exciting line-up of children's and Young Adult authors and illustrators, and local writers:

#### **I am Nefertiti! Sing-a-Long with Annemarie Anang - in partnership with Round Table Books**

Deptford Lounge Children's Library, 10am – 10.45am

Age recommendation: 3 – 7 years

Join Annemarie Anang for an empowering story-time with her debut children's book *I Am Nefertiti!* Sing-a-long with her ukulele and learn about some of the wonderful global instruments in the story.

#### **FESTIVAL IN THE PARK Creating with Deptford Nature hosted by Laura & LiLi**

Brookmill Park, Deptford, 10am – 4.30pm

Open to all (children under 12 to be accompanied by an adult.)

Join Laura Barker and LiLi K. Bright for a day of creativity and writing workshops inspired by and exploring nature, climate and science in Brookmill Park.

#### **Creative Writing & Mindfulness for families with Laurie Bolger**

Deptford Lounge Children's Library, 11 – 1pm

Children (aged 4 to 14) and families welcome

Are you a young aspiring writer or a creative family based in Lewisham? Join Lewisham poet Laurie Bolger for some mindful scribbling in celebration of kindness to ourselves. Laurie will guide you through playful creative exercises to boost your wellbeing and celebrate the things around us. Drop in for any part of the session or stay for the whole duration.

#### **Sunflower Sisters reading and workshop with Monika Singh Gangotra – in partnership with Round Table Books**

Deptford Lounge Children's Library, 11.30am – 12.15pm

Age recommendation: 5 – 8 years

Join Dr Monika Singh Gangotra for a reading and inspirational workshop. Inspired by joy and colourful celebrations, her book *Sunflower Sisters* is a journey of self-love and sisterhood, empowering women and girls everywhere. During this interactive session, children will have the chance to get creative and celebrate their identities and cultures.

#### **Joyful, Joyful story-making workshop with Dapo Adeola and Funmbi Omotayo – in partnership with Round Table Books**

Deptford Lounge Children's Library, 1 – 1.45pm

Age recommendation: 7 – 14 years

After an introduction to the book *Joyful, Joyful*, a gorgeous collection of stories and poems celebrating joy, showcasing 40 talented Black writers and artists from across the world, join illustrator, curator and collaborator Dapo Adeola and author Funmbi Omotayo for a story-making workshop. In this interactive session, children can celebrate the joy in their lives and identities and work together to create their very own story with support from Dapo and Funmbi.

#### **Milk Honey Bees with Ebinehita Iyere – in partnership with Round Table Books**

Deptford Lounge Children's Library, 4 – 4.45pm

For young Black women aged 14 and above

Join Ebinehita Iyere alongside authors of *Girlhood Unfiltered* for an intimate creative workshop! Ebinehita is the founder of Milk Honey Bees – a creative and expressive safe space for young Black women and girls to put H.E.R (Healing, Empowerment and Resilience) first. Ebinehita will be asking what H.E.R. means in an interactive talking workshop. Ask questions, share and hear stories, and be a part of this empowering collective.

You can find out more information about the events on Spread the Word's website here:

<https://www.spreadtheword.org.uk/deptford-literature-festival-2023-childrens-and-family-events/>

You can book your free tickets on Eventbrite here:

<https://www.eventbrite.co.uk/cc/deptford-lit-fest-for-children-young-people-1711159>