

# DEPTFORD PARK PRIMARY SCHOOL NEWSLETTER

Friday 20th January 2023



Happy New Year to you all! We hope you had an enjoyable rest and a wonderful Christmas to all our families who celebrated it. The children have got off to a great start this term. We look forward to sharing the hard work and exciting events planned for the term in the coming weeks and months. Please also look out for our OFSTED report following our Inspection in December 2022, which should be ready to share shortly. Have a lovely weekend, especially our families celebrating the Lunar New Year this weekend!

To all our families who celebrate:  
**Happy Lunar New Year!**



"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that"

**Martin Luther King Day- 15th January**

**This week on the anniversary of his birthday, children in key stage 2 explored the life and great achievements of Martin Luther King Junior in their assemblies. We spoke about how he fought for justice in a peaceful way and how we, in our own small way, could also make somebody's life better this week.**

## Well Being

### Violent Gaming

Practising anything repetitively physically changes the brain. With time and practise, you get better at the specific task you are practising, whether it is shooting at another person in a video game, or learning to play a musical instrument. Those repetitive actions and thoughts stimulate connections between brain cells, creating neural pathways between different parts of your brain. The more you practise a certain activity, the stronger that neural network becomes.

Research shows that just **10 to 20 minutes of violent gaming** increased activity in the brain regions associated with anxiety and emotional reaction, while simultaneously reducing activity in the frontal lobes associated with emotion regulation and executive control. Two separate studies found that playing a violent video game for just 10 to 20 minutes increased aggressive thoughts compared to those who playing non-violent games.



### Term Dates

**Friday 10th February ~ Last Day before Half Term**

**Monday 13th February ~ Friday 17th February ~ Half Term**

**Monday 20th February ~ Children return to school**

**Friday 31st March ~ Last day of Term**

### CALLING ALL CHILDREN...

**Got something to say or a piece of work you are proud of? The why not publicise it in the newsletter?**

## Safeguarding Reminder

**Have a concern? Need to talk with someone?**

We have a large safeguarding team in school who can help including the following staff:

### Leadership team

Leona Baffour Designated Safeguarding Lead (DSL)

Ken Johnson Deputy Designated Safeguarding Lead (DDSL)

Rebecca Ogungbesan

### Safeguarding teachers

Rachel Allen

Alison Macgreggor

Erin Nagy

Amanda Pippard

Sarah Raine



Reminder:

If your child attends breakfast club they must arrive before 8.15am

## FOOD BANK VOUCHERS

**Did you know that Deptford Park can issue FOOD BANK VOUCHERS?**

**Please speak with the office or a member of the Leadership Team if you or your family would benefit from this support.**

**Many thanks**

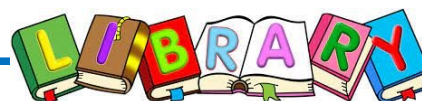
## Library Visits 9.15am—10.45am

**We will need parent helpers for the visits to go ahead, if you are able to accompany the class to the library please speak to your child's class teacher. Thank you**

**Tuesday 24th January ~ Jade Class  
Thursday 26th January ~ Diamond Class  
Tuesday 31st January ~ Ruby Class  
Thursday 2nd February ~ Yellow Class  
Tuesday 7th February ~ Emerald Class  
Thursday 9th February ~ Purple Class  
Tuesday 21st February ~ Sapphire Class  
Thursday 23rd February ~ Rose Class**

Reminder:

School starts at 8.55am, it is beneficial to the children that they start the school day together.



## Dinner Money—Year 3 to 6

**4th January ~ 10th February ~ £67.20**

**20th February ~ 31st March ~ £72.00**

**If you know or think you may be entitled to claim free school meals for your child, we would strongly encourage you to apply.**

**[www.lewisham.gov.uk/freeschoolmeals](http://www.lewisham.gov.uk/freeschoolmeals)**

**The school receives extra funding to be spent on your child.  
More funding means extra resources for your children.**