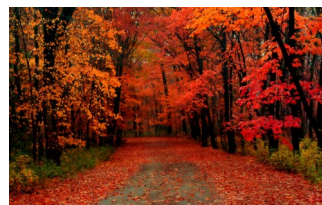


DEPTFORD PARK PRIMARY SCHOOL NEWSLETTER

Friday 18th November 2022



The second half of the Autumn term has got off to a great start and as usual been very busy. This week we marked Remembrance Day, as well as Anti-Bullying week. The children have impressed us with their knowledge and definition of what bullying actually is and what we can do to prevent and stop it.

What better way to end the week than raising money for Children in Need! Thank you! Have a safe and restful weekend.

Well Being

Neuroscience teaches us that contrary to what we usually think, positive emotions like compassion and gratitude are much more frequent than negative emotions. An average person experiences roughly **three times more** positive emotions than negative ones. Positive reactions and positive feelings are really the norm. We tend to remember challenging events and experiences because they stand out and our brains are wired to notice them.

If we choose to notice our positive experiences, a natural sense of gratitude tends to develop. These moments add up to a more positive outlook. **We can practise to develop a more positive outlook towards ourselves and others.**

Try playing a simple and fun game with your children and your family to cultivate positivity. Take turns to finish the sentence:

I am so lucky because....



Dates for your December Diary

5th~ 9th ~ Last week of clubs



9th December ~ Christmas Jumper Day (Save the Children)

14th December ~ Christmas Lunch

16th December ~ Class Parties and own clothes day (More information to follow)

All performances will be virtual

**A big thank you!
We raised £215.03
for Children in Need**



Term Dates

Friday 16th December ~ Last Day of the Autumn Term

Monday 19th December ~ Monday 2nd January ~ Holiday

Tuesday 3rd January ~ Inset Day

Wednesday 4th January ~ Children return to school

CALLING ALL CHILDREN...

Got something to say or a piece of work you are proud of? The why not publicise it in the newsletter?

Our children have made some beautiful art work for Remembrance Day



Health and Safety

Please remember
that we are a



NUT FREE school.

Please ensure that your
child's packed lunch does
not include any nuts in-
cluding well known and
loved chocolate spreads.

Thank you

Reminder:

School starts at 8.55am,
it is beneficial to the chil-
dren that they start the
school day
together.

Attendance

We will continue to monitor attendance very carefully and
remind you that holidays **should not** be taken during term time.

**Please keep all non urgent appointments to outside
of school hours.**

The best attendance so far this academic year are:

1st ~ Purple 2nd ~ Jade 3rd ~ Pearl

Well done!

Safeguarding Reminder

Have a concern? Need to talk with someone?

We have a large safeguarding team in school who can help
including the following staff:

Leadership team

Leona Baffour Designated Safeguarding Lead (DSL)
Ken Johnson Deputy Designated Safeguarding Lead (DDSL)
Rebecca Ogungbesan

Safeguarding teachers

Alison Macgreggor
Rachel Allen
Erin Nagy
Amanda Pippard
Sarah Raine

After School Club

Mel Cohen



FOOD BANK VOUCHERS

**Did you know that Deptford
Park can issue FOOD BANK
VOUCHERS?**

**Please speak with the office
or a member of the
Leadership Team if you or
your family would benefit from
this support.**

Many thanks