

DEPTFORD PARK PRIMARY SCHOOL NEWSLETTER

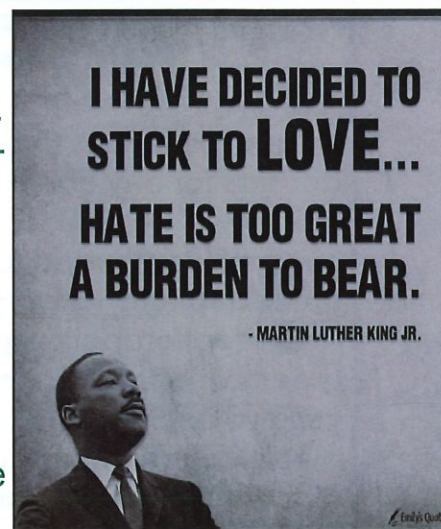
Friday 21st January 2022



Happy New Year! We hope you had a restful and enjoyable break. It was really lovely to welcome the children back at the beginning of term, which is going well. On Monday, it was Martin Luther King Jnr day, which is widely celebrated in the Unites States of America.

Reading this quote this week we are reminded of the importance of our school values: **Respect, Kindness, Integrity, Resilience, Leadership and Sustainability.**

Please take a moment to reflect on the quote with your children this weekend. What school values do they think are pertinent within it? Have a great weekend!



Celebrate 20 years of Imagine Children's Festival 9-20 February 2022

The largest festival of its kind in the UK, Imagine Children's Festival is dedicated to families experiencing and enjoying all kinds of art and culture together.

Imagine Children's Festival turns 20 in 2022 but has no intention of growing up any time soon! They have over 160 events jam-packed into 12 days and over 50% of the festival is completely free.

You can find the very best children's theatre, comedy, music, literature, dance and, most importantly, full-on fun for children and their grown-ups this February half-term.

Imagine Children's Festival is all about unlocking creativity, celebrating the individuality of every child and bringing families together. This year, we're also focusing on wellbeing and mindfulness, with a wide range of access-friendly events.

Visit [Imagine Children's Festival 2022](#) for further information.

We will continue to monitor attendance very carefully and remind you that holidays **should not** be taken during term time.

The best attendance so far this half term are:

**1st ~ Jasper 2nd ~ Emerald
3rd ~ Quartz**

Term Dates

Spring Term

Friday 11th February ~ Last day of Term

Monday 14th February ~ Friday 18th February ~ Half Term

Monday 21st February ~ Children return to School

Friday 1st April ~ Last day of Spring Term

Monday 4th April ~ Monday 18th April ~ Holiday

Summer Term

Tuesday 19th April ~ Inset Day

Tuesday 20th April ~ Children return to school

Monday 2nd May ~ Bank holiday

Thursday 5th May ~ Inset Day (Polling)

Friday 27th May ~ Last day prior to Half Term

Monday 30th May ~ Friday 3rd June—Half Term

Monday 6th June ~ Children return to school

Wednesday 20th July ~ Last day of the Summer Term for children

Parents Evening

We will be holding Parent's evening on **Monday 28th February** more details to follow nearer the time.

Safeguarding Reminder:

Deptford Park are committed to the safeguarding of our children. Our designated safeguarding leads are: Ken Johnson, Leona Baffour, Anne Marie Leighton and Rebecca Ogungbesan.



Please remember to use the class email address for any non urgent or class based matters.

copper@deptfordpark.org
gold@deptfordpark.org
rose@deptfordpark.org
green@deptfordpark.org
yellow@deptfordpark.org
purple@deptfordpark.org
diamond@deptfordpark.org
ruby@deptfordpark.org
emerald@deptfordpark.org
sapphire@deptfordpark.org
opal@deptfordpark.org
quartz@deptfordpark.org
jade@deptfordpark.org
pearl@deptfordpark.org
jasper@deptfordpark.org
garnet@deptfordpark.org

Absences and time sensitive or urgent communication should continue to be reported by contacting the office.

Dinner Money Payments for Spring Term

5th January ~ 11th February = £65.25

21st February ~ 1st April = £67.50

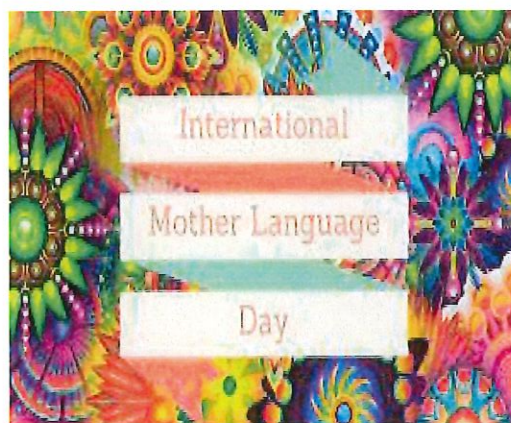
Total amount for the Spring Term =
£132.75

Coming soon!

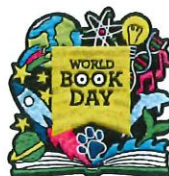
The Chinese New Year ~ Year of the Tiger
Tuesday 1st February 2022



21st February is
International Language Day!



World Book Day



On 3rd March we will be celebrating

World Book Day.

The children will be able to come to school dressed as their favourite book character ...

Get those ideas ready, we will also remind you nearer the time.

A copy of this newsletter can also be downloaded from the school website: www.deptfordpark.lewisham.sch.uk

Also follow us on [twitter@deptfordpark](https://twitter.com/deptfordpark) or download our free app

Lewisham EP Connect

A TELEPHONE SERVICE FOR PARENTS & CARERS

Talk to one of the Lewisham **Educational Psychologists (EPs)** about issues related to your child. We can offer support to think about..

How to help your child with their learning/ homework

Managing routines at home

School issues, e.g. peer relationships / friendships, learning

Other services that might be helpful to you

A listening ear for you... How you are feeling?

Supporting your child's well-being

Fears and worries associated with return to school after lockdown

Understanding children's feelings and behaviour



Please let us know if you are calling about a looked after child

All sessions are FREE and start on Monday 10th January unless otherwise stated.

ONLINE & VIRTUAL @home TIMETABLE

To book go to www.lewishamcfc.org.uk/booking-form or text or leave a message on 07377 724243, unless otherwise stated.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>EP Connect Mondays 2.00pm - 4.30pm Term time only Lewisham's Educational Psychologists can offer support on the phone around managing routines at home, how to help your child with learning, how you are feeling and managing change, fears and worries. Call 07377 913538 or 07377 976518</p> <p>Starting Solids Workshop 1.00pm - 2.30pm 10th January Our hour long workshops help you get your baby off to a great start when starting solids. See link and details above to book.</p>	<p>Mindful Mums Zoom Drop-in 10.00am - 10.45am Mindful Mums helps pregnant women and new mums to look after themselves during what can be a challenging period of their lives. Visit blgmind.org.uk/lewisham/mindful-mums/</p> <p>Being Dad Zoom Drop-in 8pm Our drop-in sessions are there to help men learn more about looking after themselves managing the changes and challenges of parenthood, all while meeting other dads! Visit blgmind.org.uk/bromleymentalhealth/being-dad/ For more information email: beingdad@blgmind.org.uk</p> <p>Triple P Discussion Groups via Zoom Come and learn positive new techniques for managing common issues at these discussion groups for children 18 months to 8 years.</p> <p>Bedtime Routines 18th January, 1.00pm - 2.30pm Hassle Free Shopping 25th January, 1.00pm - 2.30pm Following Instructions 1st February, 1.00pm - 2.30pm Fighting & Aggression 8th February, 1.00pm - 2.30pm See link and details above to book.</p>	<p>Top Tips, Songs & Activities Join us from 9.30am on Facebook & Instagram for videos and blogposts. @lewishamchildrencentres</p> <p>Starting Solids Workshop via Zoom 1.00pm - 2.30pm 16th March Our hour long workshops help you get your baby off to a great start when starting solids. See link and details above to book</p>	<p>Finding Childcare in Lewisham 11.00am - 12 noon 13th January, 10th February and 10th March Need help finding a nursery or childminder? Come and join us for this FREE ZOOM session. Information on:</p> <ul style="list-style-type: none"> • Finding a nursery • Choosing a childminder • Free Early Education Entitlement (FEED) • Extended 30 hours for 3 and 4-year-olds • Tax Free Childcare <p>See link and details above to book.</p>	<p>Mindful Mums Zoom Courses 10.30am - 12noon Starts 14th January - 11th February Mindful Mums helps pregnant women and new mums to look after themselves during what can be a challenging period of their lives. Free online 5 week course Visit blgmind.org.uk/lewisham/mindful-mums/</p> <p>Baby Massage 28th January - 25th February Course 1: 10.00am - 11.00am Course 2: 12noon - 1.00pm Spend quality time with your baby at this 5 week course. Age group: non-crawlers See link and details above to book.</p>
<p>Health Visiting For support, advice or concerns about your child's development, please send a message via myhv.lgt.nhs.uk/contact/</p>				
<p>Free Training Info Sessions Oasis will be holding information sessions about their current fully funded training courses for adults in some of our centres. You will get an insight into the courses, info on the support Oasis can give you to achieve qualifications and enrol on the courses you are interested in. For more details including session dates and times go to www.lewishamcfc.org.uk/free-training-info-sessions/ To book your session go to www.lewishamcfc.org.uk/booking-form or text or leave a message on 07377 724243</p>				

We have sessions running in small bookable groups in order to comply with national and local government guidance. **All sessions are FREE and start on Monday 10th January unless otherwise stated.**

To book go to www.lewishamcfc.org.uk/booking-form or text or leave a message on 07377 724243 unless otherwise stated.

	Monday	Tuesday	Wednesday	Thursday
<p>Evelyn Children and Family Centre 231 Grove Street, Deptford, SE8 3PZ</p>	<p>Baby Massage 10.00am - 11.30am Starts 17th January Spend quality time with your baby at this 5 week course. Age group: non-crawlers See link and details above to book.</p> <p>Portion Size Workshop 10.30am - 11.30am 24th January Our hour long workshops help you learn about the size of your child's tummy and how to ensure your child is eating the right amount. See link and details above to book.</p>	<p>Triple P Discussion Groups Come and learn positive new techniques for managing common issues at these discussion groups for children 18 months to 8 years. Bedtime Routines 22nd February 1.00pm - 3.00pm Hassle Free Shopping 1st March 1.00pm - 3.00pm Following Instructions 8th March 1.00pm - 3.00pm Fighting & Aggression 15th March 1.00pm - 3.00pm See link and details above to book.</p>	<p>Little Explorers 10.00am - 11.00am Based on the Five to Thrive key activities: Respond, Cuddle, Relax, Play, Talk. You will learn how positive interactions with your baby helps develop their brain. Age group: Under 18 months See link and details above to book.</p> <p>Explorers 1.00pm - 2.00pm Based on the Five to Thrive key activities: Respond, Cuddle, Relax, Play, Talk. You will learn how positive interactions helps develop your child's brain. Age group: 18 months - 5 years See link and details above to book.</p> <p>Starting Solids Workshop 10.00am - 11.00am 16th February Our hour long workshops help you get your baby off to a great start when starting solids. See link and details above to book.</p>	<p>Breastfeeding Hub 10.00am - 12.00pm Appointment only Get support and discuss any breastfeeding issues that you may be having. To book your 30 minute appointment call your Health Visiting team.</p> <p>Encouraging Healthy Eating Habits Workshop 1.00pm - 2.00pm 24th February Our hour long workshops help with techniques to make mealtimes less stressful and encourage a balanced diet. See link and details above to book.</p> <p>Feel Positive about Parenting 10.00am - 11.30am 3rd February Being a parent can be difficult, but these 30 minute 1:1 sessions with our parenting practitioner can help. Age Group: 18 mths - 10 years See link and details above to book.</p>
	<p>Health Visiting For support, advice or concerns about your child's development, please send a message via myhv.lgt.nhs.uk/contact/</p>	<p>Vitamin D Collection Come and collect or register for your free Vitamin D while sessions are on in the centre. For enquiries please email reception@evelyncfc@lewishamcfc.org.uk or text or leave a message on 07377 724243</p>	<p>Little Explorers 10.00am - 11.00am Based on the Five to Thrive key activities: Respond, Cuddle, Relax, Play, Talk. You will learn how positive interactions with your baby helps develop their brain. Age group: Under 18 months See link and details above to book.</p> <p>Starting Solids Workshop 1.00pm - 2.00pm 31st March Our hour long workshops help you get your baby off to a great start when starting solids. See link and details above to book.</p>	<p>Clyde Children and Family Centre Alverton Street, Deptford, SE8 5NH</p>

