## A message from the Lewisham Mental Health Support Team (MHST team).

The Lewisham MHST work together with school-aged children and young people, parents/carers and school staff at specific Lewisham schools to support everyone to thrive emotionally. As part of this we offer wellbeing activities, such as workshops, groups and 1-1 sessions.

Our service strives to be inclusive and accessible to all children and young people attending an MHST school. Completing this feedback form will help us learn more about how we can continue making our services accessible to you and your child/ren.

Your child currently attends Deptford Park Primary School which is one of the schools in which we offer mental health and wellbeing support. As an MHST parent/carer it is important for us to hear from you.

Please click on the link below to give us your views;

https://forms.office.com/Pages/ResponsePage.aspx?id=SuTPo S5olUqOctA7m1iHqil8HR44vdJMsx4ZigCYgtdUNVUzVjIYUVI0 TkNXREc3RzITVk02WVJDTy4u

This form should take no longer than 7 minutes to complete.