



## Positive Approaches to Parenting

It's rewarding and enjoyable being a parent. It's not always easy -Triple P provides positive approaches to parenting.

## Monday 11th January - Monday 15th February 1.00pm - 3.00pm



During this course you will learn a range of tried, trusted and proven strategies to help you develop a positive relationship with your child and manage behaviour.

Age group: 18 month - 8 years

6 Week Zoom Course

For more information visit www.lewishamcfc.org.uk/ parenting/



To book your place email: ladywell.cc@lewishamcfc.org.uk Text or leave a message: 07377 724243

