

OWL Babies

Outdoor experiences are vital for brain development.
The ever changing nature of outdoors is so important for babies as they learn and gain experience through their senses.

THE SKY IS THE LIMIT!!

5 week FREE face to face course for babies up to 6 months old

Tuesday 12th January 1.30pm - 2.30pm
Honor Oak Children and Family Centre

St Norberts Road, SE4 2EY

To book your place

call: 020 7635 8888

or email: honoroakcc@lewishamcfc.org.uk



Thursday 14th January 1.30pm - 2.30pm
Evelyn Children and Family Centre

231 Grove Street, SE8 3PZ

To book your place

call: 020 8691 1064 (Between 10am-2pm Mon to Thurs)

or email: evelyncfc@lewishamcfc.org.uk

This course is based on the Five to Thrive Principles of
Talk **Play** **Relax** **Cuddle** **Respond**