

11 Week Zoom Course

# Incredible Years

Providing positive approaches to parenting using methods backed by over three decades of clinical research.

99.9% of parents and carers report a positive change in their children's behaviour after completing this free 11 week course.

**Starts January 2021**



**This FREE course covers:**

- Special Time
- Coaching
- Emotions
- Praise
- Rewards
- Commands
- Consequences
- Plus so much more

**Age group: 4-11 years**



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Course**



For more information and to download our referral form visit

[www.lewishamcfc.org.uk/parenting/](http://www.lewishamcfc.org.uk/parenting/)